

BELLEVUE EAST LITTLE LEAGUE

# REGISTRATION NOW OPEN

T-BALL • BASEBALL • SOFTBALL



**4-5**  
YEAR OLD  
BOYS & GIRLS

### Tee Ball

- Teams formed by friend requests, and by school
- Saturdays only, April 21-June 16

REGISTRATION CLOSSES  
**APRIL 18**

**6-8**  
YEAR OLD  
BOYS & GIRLS

### Single A, Double A (Undrafted Baseball/Softball)

- Teams formed by friend requests, and by school
- Practice starts early April, games start after Spring Break
- 2-3 events per week, through mid-June

REGISTRATION CLOSSES  
**MARCH 16**

**8-14**  
YEAR OLD  
BOYS & GIRLS

### AAA, Coast, Majors, Juniors (Drafted Baseball/Softball)

- Teams formed by an evaluation and draft process. No cuts!
- Practice starts early March, games start late March
- 3 events per week: 1-2 practices and 1-2 games, through mid-June

REGISTRATION CLOSSES  
**FEBRUARY 9**

**Register now at: [bellevueeastll.org](http://bellevueeastll.org)**

**We welcome players of all skill and experience levels!**

Early Bird discount at all levels through January 1

No events during Spring Break, or Memorial Day weekend

**Questions?** Please contact us at: [info@bellevueeastll.org](mailto:info@bellevueeastll.org)

The Bellevue School District does not sponsor nor endorse this event and/or information, nor does the district assume responsibility for it. In consideration of the privilege to distribute materials, the Bellevue School District will be held harmless from any cause of action filed in any court or administrative tribunal arising out of the distribution of these materials, including costs, attorney's fees and judgments or awards.

## WINTER/SPRING PROGRAM 2019



**BOYS & GIRLS CLUBS**  
OF BELLEVUE

### MEMBERSHIP

Annual club membership is \$27. Many programs have additional fees, but no child is ever turned away because of an inability to pay. Some programs have limited space. If you are interested in a program, please register at the earliest possible date. If you need to apply for a scholarship, please bring in your 2018 income tax return and 2018 W-2 forms. Please call the club at 425-454-6162 for more information regarding scholarships.

### IMPORTANT DATES

#### CLUB OFFICE HOURS

Monday-Friday, 9 am - 6:30 PM (Club is not open for registration during private parties).

#### CLUB CLOSURES

MLK Jr. Day, Monday, Jan. 21  
President's Day, Mon. Feb. 18

### SCHOOL'S OUT PROGRAMS

Visit [www.bgcbellevue.org](http://www.bgcbellevue.org) or call the Club at 425-454-6162 for more information about these dates and the programs that may be available.

#### MID-WINTER BREAK CAMP

February 19 – 22

#### SPRING BREAK CAMP

April 8 – 12



## GREAT FUTURES START HERE

Our Mission is to inspire and enable all young people, especially those who need us the most, to reach their full potential as productive, caring, responsible citizens.

#### Programs and Dates:

BE GREAT Club Kids

Tae Kwon Do

High School Open Gym

Winter Vollyball Clinic

EAGLECLAW Futsal Academy

Football Off-Season Position Skills Training

Spring Basketball League

Soccer

Co-Ed Volleyball

Track & Field

Preschool 2019 / 2020

Online registration is available NOW!

Online registration is available NOW!

Online registration is available NOW!

Online registration is available NOW!

Online registration is available NOW!

Online registration opens 9 AM Dec. 3

Online registration opens 9 AM Jan. 8

Online registration opens 9 AM Jan. 8

Online registration opens 9 AM Jan. 8

Online registration opens 9 AM Jan. 8

Online registration begins 9 AM March 13

*If you do not have access to a computer or have any questions, please come to the Club and we will be very happy to help you!*

#### Online Payment Policy

We are asking that you pay the program fees within 5 days of any on-line registration. After 5 days, if fees are unpaid, your child will be dropped from the registered program. If you have any questions or concerns about this policy please contact the Main Club at 425-454-6162. Thank you for your understanding.

#### Club Refund Policy

We need to have dedicated, professional staff and adequate program supplies prior to starting any program. Late cancellations may mean another child can not be enrolled and greatly effects our efficiencies. Therefore we have adopted a new refund policy.

- 50% of what has been paid toward a program is non-refundable
- Membership fees are nonrefundable
- Full payment is due 2 weeks prior to a program's start date. If payment is not received, registration will be cancelled
- No refunds will be given if registration is cancelled one week prior to start date of any program.
- Refund for "School's Out" days must be done 5 business days prior to first day of service. No refunds will be given after this time.
- There is a \$25 returned check fee.
- Please give at least 30-days notice to withdraw from BE GREAT Kids

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Please visit our website [bgcbellevue.org](http://bgcbellevue.org)

209 100<sup>th</sup> AVENUE NE  
BELLEVUE, WA 98004  
425-454-6162  
[www.bgcbellevue.org](http://www.bgcbellevue.org)

### Rent the Club

Searching for a fun place to host your child's next party? The Main Club and "The Club" Teen Center are both available many weekday evenings and weekends. Rent the games room, main gym or meeting room at the Main Club. Please provide 1 to 10 adult/child ratio. For the Main Club, call Katie for available hours at 425-454-6162. For "The Club" Teen Center rental, contact Seth at 425-429-3203.

### Wish List

Snack donations, especially fresh fruits and vegetables

Sponsors for our weekly free Teen Feed events

Board games

Canvas, charcoal, watercolors

Homework supplies such as pencils, erasers and electric pencil sharpeners

Basketballs  
Footballs

Volunteers to coach or tutor reading

Bi-lingual books:  
Spanish/English  
Mandarin/Englihs  
Level 1,2,3 books

# Winter and Spring Programs!



Our preschool has been serving 2 1/2 - 5 year old children for almost three decades! The dedicated teachers have developed a curriculum that fosters personal growth, self-confidence and critical thinking. Classes are held at the Main Club and offer flexible schedules. We also offer a one-of-a-kind Science Club! Please call Sara Hill for more information at 425-454-6162, Ext. 108 or E-mail at [shill@bgcbellevue.org](mailto:shill@bgcbellevue.org)

## 2 - 3 years old

### Lambs :

Monday, Wednesday & Friday  
9:00 AM - 12:00 PM

**Fee:** \$400 Month

### Kittens:

Tuesday & Thursday  
9:00 AM - 12:00 PM

**Fee:** \$270 Month

## 3 Years Old

### Panda Bears:

Monday, Wednesday & Friday  
9:00 AM - 12:00 PM

**Fee:** \$380 Month

### Koala Bears:

Tuesday & Thursday  
9:00 AM - 12:00 PM

**Fee:** \$260 Month

## 4 Years Old - Pre-K

### Rabbits:

Monday through Friday  
9:00 AM - 1:00 PM

**Fee:** \$700 Month

## Science Club: 3 - 5 Years Old

Thursdays  
12:00 - 2:00 PM

**Fee:** \$145 Month

## Enrichment Club 3 - 5 Years Old

Tuesdays 12:00 - 2:00 PM

**Fee:** \$130 Month

## GRADES K - 5

Our afterschool education program is known as "BE GREAT Club Kids!", which is a curriculum developed for Boys & Girls Clubs of America by Columbia University. Just a few of the structured components include:

- "Power Hour" program with homework help, reading groups, tutoring and enrichment work
- High-yield learning activities
- Youth of the Month and of the Year
- Helping others, i.e. TorchClub
- Technology Curriculum including Digital Arts
- National Fine Arts
- Incentives & Measurements



## Jim & Sally A. Nordstrom Main Club

The Main Club will service students from Bellevue Christian, Clyde Hill, Enatai, Medina, Jing Mei, and Puesta del Sol Elementary schools.

**Fee:** Five days per week \$280 monthly  
Wednesdays \$80 monthly

## Elementary Schools, Eastside Terrace, Spiritwood Manor & Hidden Village

We have Clubs in Bennett, Cherry Crest, Jing Mei, Phantom Lake and Wilburton Elementary schools. There are also Clubs at Eastside Terrace (serving Stevenson), Hidden Village (serving Woodridge, & Spiritridge), and Spiritwood Manor (serving Lake Hills). Visit [www.bgcbellevue.org](http://www.bgcbellevue.org) for times.

**Fee:** Five days per week \$250 monthly  
Wednesdays \$80 monthly

## South Bellevue Community Center

This program serves children from Eastgate, Cougar Ridge, Newport Heights, Puesta del Sol, Spiritridge and Somerset Elementary Schools. Please note the limited van transportation for all sites.

**Fee:** Five days per week \$280 monthly  
Wednesdays \$80 monthly

## Crossroads Community Center

This program serves children from Sherwood Forest and Ardmore. Please visit [www.bgcbellevue.org](http://www.bgcbellevue.org) for times.

**Fee:** Five days per week \$250 monthly  
Wednesdays \$80 monthly

## School's Out Days

MAIN CLUB, SOUTH  
BELLEVUE, EASTSIDE  
TERRACE, HIDDEN  
VILLAGE AND  
SPIRITWOOD MANOR

A full day of safe, supervised and fun activities are planned during Bellevue School District holidays and school's out days. Your kids will have fun playing games and doing arts and crafts and going on field trips. Some days include field trips to be announced prior to the day. All "School's Out" days start at 7:30 and run until 6:30 PM.

You must have a current BGCB membership

**Fee: \$20 per day**

BE GREAT Club Kids members

**Fee: \$40 per day**

Not enrolled in BE GREAT Club Kids.

**Field Trips: \$10 Extra**

Sign up early - they fill up fast!

## Mid-Winter and Spring Break Camps! February 19 - 22 and April 8 - 12

These breaks include fun field trips, offered at the following locations:

The Main Club, South Bellevue Community Center, Eastside Terrace, Hidden Village and Spiritwood Manor for elementary school youth from 7:30 AM - 6:30 PM. BE GREAT Kids! members pay \$20 per day and non-members pay \$40 per day.

Teen members may attend "The Club" East teen center from 7:30 AM - 7:00 PM or "The Club" West teen Center from 7:30 AM - 6:30 PM at no cost.

## HIDDEN VALLEY MEN'S BASKETBALL

Tues. & Thurs.

**Fee: \$20 Month**

Plus current BGCB

\$37 annual membership

**Times: Noon - 1:30 PM**



TEEN CENTERS LOCATED  
IN EAST & WEST BELLEVUE

# Teen Programs

A partnership with the City of Bellevue!

## “The Club” Teen Centers: Grades 6 - 12 Downtown Clubhouse and Lake Hills

Located at 15228 on Lake Hills Blvd. and at The Main Clubhouse in downtown, these teen dedicated facilities provide teens with safe and positive places to be after school. Programs available include drop-in activities, sports, arts, movies, field trips, cooking and leadership Clubs such as Keystone and Torch Club. We also offer homework assistance in our technology center, with high-speed access to the internet. Drop-in and most other programs are free or offered at a very minimal cost.



### CLUB BUS FOR TEENS

Transportation is currently available via after school van pickups from Tillicum, Tye, International, and Sammamish. School buses from Odle and Highland drop-off directly in front of our building, as does Metro Rt 226.

### Drop-in Tutoring

We offer free tutoring after school every day until 6 PM at our Robert Vasen Be Great Graduate Center, located next to The Club teen center. Staff, volunteer, and peer tutors are available to work with students on whatever they need help with, whether it's just getting homework done, preparing for a test, or just needing a quiet place to work. Drop-in Tutoring is open to any student who is interested, the only thing that is required is a completed a BGCB membership form. Transportation directly to The Club is available from most school sites (see above).

### Mentorship

Students in need of extra support are matched with a staff mentor to work on specific challenges and facilitate academic achievement. Mentors are available to meet with students during our Drop-In Tutoring, as well as during the school day on specific dates and times (see right). Mentorship is based on the Check and Connect model, with added individualized support and direct instruction based on student needs. Mentorship is available to any students enrolled in the BSD. Enrollment in our Mentorship program requires a completed BGG enrollment packet (including a signed release form for accessing academic records) and a commitment on the part of the student to meet with their mentor at least twice a week.

### Ground Zero Music

Multiple offerings include Beat Creation with Ableton Live, Digital Recording, Live Sound 101, Bandcamp 101 and free practice space. The Club offers a variety of music specific internships for motivated and creative teens on a quarterly basis. Contact Seth at [sdosart@bgcbellevue.org](mailto:sdosart@bgcbellevue.org) to find out more.

### Teen Center Hours

Monday from 2:30 - 7 PM  
Tuesdays from 2:30 - 7 PM  
Wednesdays from 1 - 7 PM  
Thursdays from 2:30 - 8 PM (Teen Feed)  
Fridays from 2:30 - 7 PM\*

### “BEST BUY” Teen Tech Center

A model of technology programming for all Clubs, the Best Buy Teen Computer Clubhouse features state-of-the-art Microsoft software and dedicated space to foster creativity and teamwork. Along with teaching young people how to navigate basic technology functions, the Center provides instruction in such areas as creating a resume, designing web sites and restoring computers. Activities are designed to help youth develop critical thinking, project management and problem-solving skills. The ultimate goal is to enable young people to do well in school and prepare them for success in a 21st century workforce. Best Buy and Boys & Girls Clubs of America will provide training and support to ensure the Center's success.

BE GREAT Graduate is a FREE award-winning program offered at both teen clubhouses. It is a formal collaboration between the Bellevue School District (BSD), King County Housing Authority (KCHA) and Boys & Girls Clubs of Bellevue (BGCB) with funding provided by KCHA, and other donors including The Robert Vasen Foundation. It is a unique initiative designed to help youth in our community be more successful in school. With one-on-one mentoring, tutoring, and academic planning, the program helps to identify and break down barriers for youth struggling in school and ensures each individual gets what they need to achieve positive academic success.

School site visits occur based on BGCB enrollments and school need. Contact BGCB or your school counselor to inquire what days and times our mentors are at your school.



# BE GREAT Sports! Winter and Spring

TEAM & INDIVIDUAL RECREATION

## Tae Kwon Do: Ages 5 & Up Register online NOW!

Tae Kwon Do is a Korean art that emphasizes kicking techniques. It is also an Olympic sport that teaches people to develop the positive aspects of their own personality through respect, courage, self control, confidence and patience. It is a great workout that involves light contact sparring and self-defense.

### BEGINNER:

Tuesday & Thursday

6:30 - 7:15 PM

MAIN CLUB

**Fee: \$280 per quarter**

### INTERMEDIATE:

Monday and Wednesday

6:30 - 7:15 PM

MAIN CLUB

**Fee: \$300 per quarter**

## Co-Ed Spring Volleyball: Grades 4 - 9

**Online registration begins at 9 AM, January 8th**

The Club is teaming up with the Mercer Island Boys & Girls Club for a spring recreational volleyball league. This league is offered for boys & girls of all skill levels and abilities. The season runs from mid-April through mid-June. There will be one practice plus one game per week. Games will be played on Saturdays at the South Bellevue Community Center or Hidden Valley. Some games may also be held at the Mercer Island Boys & Girls Club. Grades 4/5 use a "Lite" official size ball and there will be NO playoffs for this league. The 6/7 leagues use an Official size ball, and the 8/9 leagues use an official size/weight ball. The 6/7 and 8/9 grade leagues will have playoffs at the end of the season. Scholarships are available! Special rates for registration prior to 3/1.

**Grades 4/5 league**

**Fee: \$85 early reg. - \$90, regular**

**Grades 6/7 and 8/9 leagues**

**Fee: \$90 early reg. - \$100, regular**

## Boys & Girls Spring Basketball: Grades 3 - 12

**Registration will begin January 8th at 9 AM**

Teams play one game per week with no practices. Season runs mid-April through mid-June. Locations of Main Club, South Bellevue Community Center or Hidden Valley Fieldhouse to be determined.

### Boys:

Grades 3 - 4: Tuesday

Grades 5 - 6: Wednesday

Grades 7 - 8: Thursday

Grades 9 - 12: Friday

### Girls:

Grades 3 - 4: Wednesday

Grades 5 - 6: Monday

Grades 7 - 8: Thursday

**Fee: 3rd-6th: \$80 Early Registration before 3/1**

**3rd-6th: \$90 After 3/15** (Scholarships are available)

**7th-12th: \$90 Early Registration before 3/1**

**7th-12th: \$100 After 3/15** (Scholarships are available)

## RDC BASKETBALL SKILLS AND DRILLS

Reggie Clinton is from Tri-Cities, Washington. He played 2 years of basketball at Bellevue College and participated as a practice player for the Seattle Storm. In the past, he helped coach youth camps for Bellevue High School, Bellevue College, Seattle Storm, Nate Robinson, and was the basketball coordinator at the Bellevue Club Academy.

The training focuses on offensive and defensive aggressiveness, repetition, game speed, practicing outside your comfort zone, and reactions. His goal is to make sure the athlete leaves a practice or training feeling like they got better, had some fun, have more confidence and they want to come back again.

Many sessions for various skill levels now open for registration. See our website for exact times and details.

If you are interested in coaching a boys or girls basketball, volleyball or soccer team, please click on the "Volunteer" section on our website at [bgcbellevue.org](http://bgcbellevue.org)

## High School Basketball Open Gym

Stop by the Boys and Girls Club open gym to get some good runs in. Just like on the playground the teens will keep score, call their own fouls, and have some good music to listen to. Reggie Clinton or Lenna Rogel from our Athletics department will be there to supervise and help keep the games fun. All you have to bring is your basketball shoes, some water, and a great attitude.

### South Bellevue Community Center

Monday, Wednesday, Friday

Time: 3:00 - 5:00 PM

**Fee: Free w/ membership**

### Hidden Valley Fieldhouse

Wednesday, Friday

Time: 3:00 - 4:00 PM

**Fee: Free w/ Membership**

**PLEASE GO TO [BGCBELLEVUE.ORG](http://BGCBELLEVUE.ORG)  
TO FIND OUT MORE**



TEAM & INDIVIDUAL RECREATION

# Winter and Spring

## EAGLECLAW Futsal Academy

The Futsal Academy is a fun, fast-paced training program designed to introduce players to the rules of the game of futsal and develop fundamental techniques and tactical understandings. Futsal is brilliant, 5 v 5 soccer game, played indoors on a hard court surface, using a low bounce ball that forces players to play the ball on the ground more than in the air. Each instructor has earned the Level 1 Futsal Diploma from the United Soccer Coaches Association Learn from former Seattle Sounder star James Riley!

**Jan. 11 - May 24**

Fridays: Group A : 7 - 11 yrs. - 4:30 - 6:00 PM

Group B - 11 - 15 yrs. - 6:00 - 7:30 PM

**Fee: \$600 for 17 Sessions - Played at BGCB Fieldhouse**

## \*NEW\* Youth Football Off-Season Position Skills & Training Program

Coach Kevin Allen is a certified Sports Performance Trainer, Youth Football, former High School Football, and former College Football coach. He has trained youth, High School, & some of the most elite athletes in the world including Seahawks Kam Chancellor, CJ Prosise & Thomas Rawls. DAYS AND SKILLS - Mondays; Offensive & Defensive Lineman: Tuesdays; Running back & Linebackers: Thursdays; Wide Receivers and Defensive Backs: Fridays; Quarterbacks Saturdays : All Positions- Speed & Agility / Yoga

TIMES - Weekdays: 5:00 - 6:00 PM Saturdays: 9:00 AM - 11 AM

**FEBRUARY 4 - MAY** (No trainings on national holidays)

**COST - 1 month \$190 ; 2 months \$280; 3 months \$400; 4 months \$486**

## Track & Field - Boys & Girls: 1st - 6th Grade

On your mark...get set...GO! The Boys & Girls Club Track & Field program allows kids to participate in six running events and two field events. The program is designed for kids to learn the basic techniques but most of all to have fun. Track is open to boys and girls in 1st - 6th grades. Practice is twice a week on Tuesdays and Thursdays. Meets will also be Thursdays. The season begins in mid-April.

**April - June Fee: \$75 Early Registration (ends March 1) \$85 After March 1**

## Winter Volleyball Clinic - Boys & Girls

These 6-week Sunday afternoon clinics are great for volleyball players of all ability levels and a great precursor to our Spring Volleyball League. Clinic Instructors have many years of experience as coaches for recreational and Club Level teams. No clinics on February 17th.

**4th - 5th Grade - 10:30 AM - 11:30 AM**

**6th - 9th Grade - 11:30 AM - 12:30 AM**

**January 27- March 10**

**Fee: \$70**

## Junior Football Reminder & Fall Flag Football

### Registration Opens 9 AM - March 5th

Mark your calendars! Junior Football registration will open in March, 2019 on our website bgcbellevue.org. Register for Seahawks Jr. Football if you live in the Interlake or Sammamish High School attendance areas. Knights Jr. Football registration is for players living South of I-90 and in the Newport High School attendance area. Wolverines Jr. Football players are those who live in the Bellevue High School attendance area.



## Spring Soccer Registration begins 9 AM - Jan. 8th

Our Spring Soccer program follows the standards of the Washington State Youth Soccer Association. Leagues for girls and boys will be 7U - 11U. Practices will begin the week of March 25th and games will begin the week of April 15th. The last game will be mid-June. All games are played at local schools and play fields. Game location information is subject to change. You must have current BGCB membership.

### Girls Spring Soccer: Grades K - 9

7U - Wednesday

9U (includes 8 yr. olds) - Monday

11U (includes 10 yr. olds) - Thursday

### Boys Spring Soccer: Grades K - 5

7U - Tuesday

9U (includes 8 yr. olds) - Tuesday

11U (includes 10 yr. olds) - Tuesday

**Fee: \$90 + \$10 Bellevue School District Field Charge for early registration prior to March 1**

**Fee: \$100 + \$10 Bellevue School District Field Charge for regular registration after March 1**

Great Futures Start HERE!



**BOYS & GIRLS CLUBS**  
OF BELLEVUE

209 100th Avenue NE  
Bellevue, WA 98004  
425-454-6162  
[bgcbellevue.org](http://bgcbellevue.org)

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